



Churchfield C.E. Primary Academy

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Executive Principal: Mr C. Dobson

Head of School: Mr G. Lloyd

Friday 19th September 2025

Next Week

Dates of future events are at the end of the letter

Monday	
Tuesday	Swimming for Year 4 and Year 5
Wednesday	Young Voices Choir - lunchtime with Miss Hall
Thursday	TT RockStars Club for Year 4, 5 and 6 - lunchtime with Mr. Ansell
Friday	Celebration Assembly for invited parents 3pm

Dear Parents and Carers

Another bust week comes to an end and we continue to be really pleased with the start to the year all the children have made. The new lunchtime menus are being well-received by the children, which is great to see. I have included the menus at the end of this letter so you can see what is on offer.

Words of the week

Last week Robins were chosen as our first Words of the Week winning class for great use and explanation of their new words. We'll find out who has won this week in Celebration Assembly later on today.

Caterpillars	emotions		
Butterflies	favourite	autumn	sorting
Dragonflies	Ecuador	life-cycle	place value
Squirrels	Palaeolithic	geologist	hundreds
Robins	trade	digestion	column subtraction
Kingfishers	Monastery	warm-blooded	thousands
Stags	Monastery	warm-blooded	integer

Learning at Churchfield

Caterpillars had a very successful colour hunt in the forest on Monday after reading *The Colour Monster* together. Robins have been showing off their musical talents on the glockenspiels.



If you spotted some strange marking appear on the walls outside this week, the mystery is solved... Squirrels have been finding out how people in the Palaeolithic period used cave art to record and tell stories.

If you have anything you would like to discuss further, please do not hesitate to get in touch.

Yours Faithfully

Mr G Lloyd
Head of School

Value of the Month: **Hope**

Christian hope is grounded in the character of God. Often, in the Psalms, the writer says to God: 'My hope is in you'. It is a hope rooted in the love and faithfulness of God. Hope is not wishful thinking but a firm assurance that God can be relied upon. Hope is not always spontaneous or easy. There is work to be done. As well as trusting God, we have to develop qualities of steadfastness in our own character.

Find rest, O my soul, in God alone; my hope comes from him. He alone is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honour depend on God; he is my mighty rock, my refuge. Trust in him at all times, O people; pour out your hearts to him, for God is our refuge.

Psalm 62:5-8

Upcoming dates

Thursday 2 nd October	Harvest Festival at St Augustine's - 1:30pm start
Friday 10 th October	Hello Yellow Day in support of Young Minds
Monday 13 th October	PE Enrichment Day
Wednesday 15 th October	Parent Meetings (we'll let you know when to book)
Wednesday 22 nd October	Reception Open Morning
Friday 24 th October	Break up for half-term
Monday 3 rd November	Children return to school

What Parents & Educators Need to Know about CONSPIRACY THEORIES

Conspiracy theories are false or misleading beliefs that explain events as secret plots, often involving powerful groups. While once fringe, they are now more accessible through digital media, online influencers and because of algorithmic recommendations. The DfE guidance document, 'Keeping Children Safe in Education' (KCSIE) explicitly recognises conspiracy theories as potential content risks. This guide will help parents and educators understand the risks, spot the signs, and build children's resilience to conspiracy theories.

WHAT ARE THE RISKS?

UNDERMINING TRUST

Conspiracy theories can lead children and young people to distrust democratic institutions and British Values, teachers, and even their own families and loved ones. This erosion of trust makes young people more vulnerable to extremist narratives by isolating them from reliable sources of information.

ONLINE ALGORITHM TRAPS

Social media platforms can often recommend sensationalist content. Once a child engages with one conspiracy-themed video or post, algorithms push more of the same, thereby creating an echo chamber that can intensify their beliefs.

MENTAL HEALTH IMPACT

Exposure to frightening conspiracy content, such as global plots, viruses, or government control, can fuel feelings of anxiety, paranoia, or hopelessness. For some young people, it can trigger prolonged distress or obsessive thinking.

GATEWAY TO EXTREMISM

Conspiracy theories can often overlap with extremist ideologies. Narratives that blame specific groups, such as politicians, scientists, or particular ethnic groups, can groom children in ways that foster hate, bigotry, and radicalisation.

CONFLICT WITH PEERS

Belief in conspiracy theories can lead to isolation or conflict at school. Children may struggle with peer relationships if they express these beliefs or become distrustful of others who disagree; sometimes, confrontation can even result in a strengthening of the belief in the conspiracy theory.

ERODED CRITICAL THINKING

Young people influenced by conspiracies may reject evidence-based learning. This risks undermining their academic progress and weakening their ability to think critically, assess risks, or engage in healthy debate.

Advice for Parents & Educators

I WANT TO BELIEVE

CREATE SAFE CONVERSATIONS

Don't mock or dismiss any questions that children and young people ask about conspiracy theories. Instead, create open, judgement-free spaces to talk. This strengthens trust and makes it more likely they will confide in you.

PROMOTE CRITICAL THINKING

Teach young people how to assess information critically. Encourage them to ask appropriate questions, such as: Who is telling me this? What evidence is there? What do other trusted sources say? Use real examples from current media to explain your answers and reasoning.

MONITOR DIGITAL BEHAVIOUR

Be aware of the content children are accessing, especially on platforms such as TikTok, YouTube, or Reddit. Use parental controls, but more importantly, maintain ongoing dialogue about online experiences and influencers.

REINFORCE RELIABLE SOURCES

Point children toward trustworthy and reliable sources of news and information in a variety of formats tailored to the young person's age. Build habits of verifying facts using reliable sources, and teach them how to spot misleading content.

Meet Our Expert

Brendan O'Keefe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/conspiracy-theories>



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FOOD FESTIVAL

By Asperis

WEEK 1
Autumn Winter 2025/26
01/09/25, 22/09/25, 13/10/25,
03/11/25, 24/11/25, 15/12/25,
05/01/26, 26/01/26, 16/02/26,
09/03/26, 30/03/26

LUNCHTIME

PRIMARY
TRADITIONAL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT	Cheese and Tomato Pizza Slice with Wedges B	Meatball Marinara Pasta B	Roast Chicken, Stuffing, Skin on Roasties and Gravy C	Bangers, Mash and Gravy B	Golden Fish Fingers or Salmon Fingers and Chips B



MEAT-FREE MAGIC Veggie Dish	Baked Sweetcorn Fritters with Wedges A	Cheesy Pea Frittata with Pasta Salad B	Roasted Vegetable Strudel, Skin on Roasties and Gravy B	Veggie Bangers, Mash and Gravy A	Cheesy Bean Wrap with Chips B
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RAINBOW ALLEY Vegetables and Salads	Vegetable Sticks	Mixed Salad	Carrots and Cabbage	Mixed Greens	Peas
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BIG TOPPING Filled Jackets	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B
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DESSERT TROLLEY	Butterfly Pastry Biscuits B	Strawberry and Pineapple Jelly B	Banana Bread and Custard B	Apple Cinnamon Buns B	Lemon Drizzle Cake B
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What impact has your meal had on planet Earth today?

A Very Low
B Low
C Medium
D High
E Very High

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

PASTA TWIRLER
AVAILABLE EVERY DAY

TOPPED PASTA
HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE

FOOD FESTIVAL

By Asperis

WEEK 2
Autumn Winter 2025/26
08/09/25, 29/09/25, 20/10/25,
10/11/25, 01/12/25, 22/12/25,
12/01/26, 02/02/26, 23/02/26,
16/03/26

LUNCHTIME

PRIMARY
TRADITIONAL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT	Vegetable Lasagne B	Creamy Chicken & Sweetcorn Pasta C	Roast Gammon, Skin on Roasties and Gravy C	Mild Chilli Con Carne with Rice	Golden Fish Fingers and Chips B



MEAT-FREE MAGIC Veggie Dish	Green Veg & Butter Bean Pie with Wedges B	Veggie Whole Grain Pasta Bolognese B	Cheddar & Broccoli Crustless Quiche B	Vegetable Bean Chilli with Rice B	BBQ Veggie Wrap with Chips B
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RAINBOW ALLEY Vegetables and Salads	Sweetcorn	Broccoli	Carrots and Peas	Mixed Greens	Baked Beans
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BIG TOPPING Filled Jackets	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B
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DESSERT TROLLEY	Chocolate Popcorn Bars B	Orange and Peach Jelly C	Apple Tea Cake and Custard B	Iced Vanilla Sponge Cake B	Carrot Cake B
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What impact has your meal had on planet Earth today?

A Very Low
B Low
C Medium
D High
E Very High

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

PASTA TWIRLER
AVAILABLE EVERY DAY

TOPPED PASTA
HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE

FOOD FESTIVAL

By Asperis

WEEK 3
Autumn Winter 2025/26
15/09/25, 06/10/25, 27/10/25,
17/11/25, 08/12/25, 29/12/25,
19/01/26, 09/02/26, 02/03/26,
23/03/26

LUNCHTIME

PRIMARY TRADITIONAL



MONDAY
Cheese and Tomato
Pizza Slice
with Wedges **B**

TUESDAY
Lasagne **C**

WEDNESDAY
Roast Pork,
Skin on Roasties
and Gravy **C**

THURSDAY
Chicken &
Sweetcorn Pie
with Mash **B**

FRIDAY
Golden Fish
Fingers
& Chips **B**



Macaroni Cheese **C**

Vegetable
Ratatouille
with Rice **B**

Carrot & Stuffing
Puff Pastry Plait,
Skin on Roasties
with Gravy **B**

Root Vegetable
and Bean Stew
with Mash **A**

Vegetable Fingers
with Chips **A**



Vegetable Sticks

Sweetcorn

Roasted Roots

Peas

Baked Beans



Beans,
Cheese or
Tuna Mayo **B**

Beans,
Cheese or
Tuna Mayo **B**

Beans,
Cheese or
Tuna Mayo **B**

Beans,
Cheese or
Tuna Mayo **B**

Beans,
Cheese or
Tuna Mayo **B**



Sweet Potato
Chocolate Brownie **C**

Jelly **C**

Eve's Apple
Pudding & Custard **B**

Muesli Bars **B**

Vanilla Cookies **B**

What impact has your meal had on planet Earth today?

A Very Low
B Low
C Medium
D High
E Very High

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

PASTA TWIRLER
AVAILABLE EVERY DAY
TOPPED PASTA
HOT PASTA TOPPED WITH
HOMEMADE TOMATO SAUCE
& CHEESE **C**